



Sardine Bread Toast

Ingredients

- 230 g Sardine in tomato sauce
- 1 Onion
- 2 ulas Garlic
- 1 g Spring Onion
- 50 g Cabbage
- 50 g Carrot
- 1 sudu kecil Curry Powder
- 3 Egg
- 1.5 sudu kecil MAGGI® CukupRasa™
- 1 sudu kecil Lime Juice, Raw
- 10 keping Wholemeal Bread
- 4 sudu besar Cooking Oil

Instruction

1. Crush the sardines. Then mix well with onion, garlic, spring onion, cabbage and carrots. Then, add curry powder, eggs, MAGGI® CukupRasa and lime juice. Mix well.
2. Heat a little cooking oil on a flat pan, place a little sardine mixture.
3. Put a piece of bread. Fry until crisp. Turn over.
4. Once cooked, ready to serve.

Nutrition

Carbohydrates	15.84 g
Energy	188.89 kcal
Fats	9.01 g
Protein	11.04 g

🕒 11 Minutes

⊕ 10