



## Stir fried Chicken Nuggets with Rice

### Ingredients

- 2 tbsp Cooking Oil
- 1 Shallots
- 3 cloves Garlic
- 0.5 in Ginger
- 200 g Chicken Breast
- 1 tbsp MAGGI® Oyster Sauce
- 0.5 tbsp Sweet Soy Sauce
- 60 g Broccoli, Raw
- 60 g Carrot
- 50 g Cherry Tomatoes
- 270 g White rice, cooked

### Instruction

1. Grind onion, garlic and ginger.
2. Heat cooking oil, fry the ground ingredients until slightly dry.
3. Add the chicken. Fry until crisp.
4. Add MAGGI® Oyster Sauce and sweet soy sauce. Stir until cooked.
5. Arrange the rice and vegetables. Serve with sauteed chicken nuggets.

### Nutrition

Carbohydrates	35.71 g
Energy	300.76 kcal
Fats	9.07 g
Protein	19.17 g

⌚ 10 Minutes

⊕ 3