



Grilled Fish Sambal

Ingredients

- 1 sudu kecil MAGGI® CukupRasa™
- 4 paket MAGGI® Sambal Tumis
- 400 g Mackerel (Ikan Kembung)
- 2 sudu kecil Sugar
- 0.5 sudu kecil Tamarind Paste
- 1 Onion
- 5 tangkai Laksa Leaf
- 1 Kantan flower, fresh
- 5 keping Banana leaves
- 2 Lime, Musk

Instruction

1. Mix MAGGI® Sambal Tumis, sugar, tamarind, shallots, laksa leaf, bunga kantan, and lime juice. Mix until well combined.
2. Prepare the banana leaves, put the kesum leaves. Then, put the mixture of sambal and fish. Wrap neatly.
3. Bake the fish on a flat pan or grill pan until the fish is cooked.
4. Serve hot.

Nutrition

Carbohydrates	8.04 g
Energy	235.5 kcal
Fats	12.35 g
Protein	21.78 g

🕒 14 Minutes

⊕ 4