Chicken Alfredo Pasta

Ingredients

- 2 sudu besar Butter, without salt
- 3 ulas Garlic
- 10 keping Brown button mushroom
- 1 sudu besar Flour
- 0.5 cawan Cooking Cream
- 0.5 cawan Full Cream Milk
- 0.67 cawan Water, Tap, Drinking
- 1 sudu kecil MAGGI® CukupRasa™
- 0.5 sudu kecil Black Pepper Powder
- 300 g Chicken Breast, Oven-Roasted, Fat-Free, Sliced
- 2 sudu besar Cheese, parmesan, grated
- 12 Cherry Tomatoes
- 200 g Spaghetti
- 1 tangkai Parsley, Fresh
- 10 leaves Lettuce, Iceberg (Includes Crisphead Types), Raw
- 12 Cherry Tomatoes

Instruction

1. Boil the spaghetti until cooked. Set aside.
2. Melt the butter. Saute garlic until crisp.
3. Add the button mushrooms. Saute until cooked.
4. Add flour. Mix well. Add cooking cream and pasta water. Simmer for a while.
5. Add MAGGI® CukupRasa and ground black pepper. Mix well.
6. Add grilled chicken, Parmesan cheese and cherry tomatoes. Mix well.
7. Add the cooked spaghetti. Mix well. Sprinkle with parsley and serve with lettuce and cherry tomatoes.

Nutrition

Carbohydrates	37.72 g
Energy	322.38 kcal
Fats	11.12 g
Protein	18.54 g

29 Minutes

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