



Abundant Longevity Stir Fry Maggi Noodles

Ingredients

- 3 packets MAGGI® 2-Minute Noodles Chicken
- 2 tbsp Cooking Oil
- 1 in Ginger
- 1 Capsicum, yellow, raw
- 2 Stalks Spring Onion
- 5 pcs Squid
- 2 tsp Sesame Oil
- 100 g Bean sprouts

Instruction

1. Heat water, boil noodle and cook for 2 minutes. Set aside
2. Boil the squid until cooked. Set aside.
3. In a wok, stir fry ginger until fragrant.
4. Add boiled noodles, stir with sweet Palermo pepper, spring onion, boiled squid, MAGGI tastemaker and sesame oil.
5. Lastly add in bean sprout, stir for a while until well combined.
6. Garnish and serve while hot.

Nutrition

Carbohydrates	27.64 g
Energy	286.75 kcal
Fats	13 g
Protein	14.82 g

🕒 12 Minutes

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