Scallop Fried Rice With Fish Roe

Ingredients

- 1 sudu besar Corn Oil
- 500 g Cooked Rice
- 4 Egg yolk
- 3 ulas Garlic
- 2 cm Ginger
- 250 g Scallop
- 2 sprigs Spring Onion
- 1 sudu besar Soy sauce
- 2 sudu besar MAGGI® CukupRasa™
- 1 sudu besar Fish Roe

Instruction

1. Mix 4 egg yolks with rice and set aside.
2. Preheat wok on induction cooker, press PAN-FRY and set temperature to 180 ℃ – 190 ℃.
3. When wok is hot, pour in oil and sear scallops until golden brown. Remove from wok andreduce heat to 160 ℃ – 170 ℃.
4. Sauté garlic and ginger till fragrant.
5. Add in rice, MAGGI® CukupRasa™, spring onion and seared scallops.
6. Continue to stir fry on low – med heat (160 ℃ – 170 ℃) until everything is mixed well.
7. Turn off fire and add in fish roe. Mix well and serve hot.

Nutrition

Carbohydrates	27.92 g
Energy	205.11 kcal
Fats	5.24 g
Protein	10.4 g

18 Minutes

6 servings