



Chinese Fried Rice

Ingredients

- 3 sudu besar Cooking Oil
- 4 ulas Garlic
- 12 Prawns
- 3 Egg
- 4 cawan Cooked Rice
- 100 g Long Bean
- 1 Carrot
- 2 sudu besar MAGGI® Oyster Sauce
- 1 sudu besar MAGGI® CukupRasa™
- 1 sudu kecil Sugar
- 2 sudu kecil White pepper

Instruction

1. Heat wok with cooking oil, sauté garlic with fresh prawns.
2. Add egg, cook until mixed well.
3. Add long beans, carrots, rice, MAGGI® CukupRasa™, MAGGI® Oyster Sauce, sugar and white pepper. Mix well and serve hot.

Nutrition

Karbohidrat	51.25 g
Tenaga	331.2 kcal
Lemak	8.04 g
Protein	12.65 g

13 Minutes

6 servings